

BRIEFING PAPER ON FLEXIBLE WORK ARRANGEMENTS IN SINGAPORE LESSONS AND STRATEGIES FOR SUCCESSFUL IMPLEMENTATION

Key Insights

Research Partnership between National Trades Union Congress (NTUC) and The Behavioural Insights Team (BIT)



The workplace in Singapore has evolved and work arrangements have shifted away from the traditional on-site, fixed-time, and fixed workload structure. Over the years, NTUC has championed flexibility at work as a means of improving welfare for employees as well as supporting individuals with caregiving responsibilities at the workplace.

Flexible Work Arrangements (FWAs) can and should be implemented in a way that is a win-win for both companies and employees. In this Briefing Paper*, we suggest three behaviourally-informed recommendations for companies to implement **easy**, **acceptable**, and **clear** FWAs.

FLEXIBLE WORK ARRANGEMENTS CAN BE GROUPED INTO:



Flexi-time Examples: Staggered working hours, compressed work week Flexi-place Examples: Tele-commuting, work-from-home



Flexi-load Examples: Part-time work, job sharing

FLEXIBLE WORK ARRANGEMENTS PROVIDE WIN-WIN BENEFITS TO BOTH EMPLOYEES AND EMPLOYERS

Employees

- Improved work-life balance and mental well-being
- Enhanced ability to balance work with caregiving responsibilities
- Increased job satisfaction from saving time and expenses on commuting

Employers

- Greater access to a wider pool of labour (e.g. older workers and women with caregiving responsibilities)
- Better able to retain existing staff

THREE KEY PRINCIPLES FOR WIN-WIN FLEXIBLE WORK ARRANGEMENTS



Make it easy to work flexibly

- FWAs need to be easy for employees to request and managers to consider
- Needs to be easy for work to be done while on FWAs



Make flexible working acceptable

- Reduce pluralistic ignorance where employees may mistakenly believe that the company is unsupportive of FWAs
- A need for management at all levels to clearly express support for FWAs

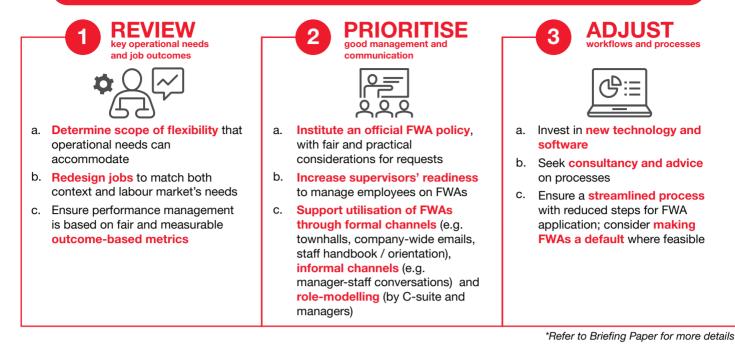


Make the requirements clear

Uncertainty aversion may make employees cautious about taking up FWAs if there is ambiguity around FWA options available, the requesting process, or any potential impact on their career progression

*As part of the study, interviews and a survey were conducted with 23 employees, HR staff, and senior management personnel across 5 companies to gather experiences with FWAs, and views on how FWAs could be implemented. These were supplemented with 6 focus group discussions with 32 female company leaders, a survey with 2,711 Singaporean employees, and past research studies (both local and international) on FWAs.

RECOMMENDATIONS FOR IMPLEMENTING FLEXIBLE WORK ARRANGEMENTS*



HOW COMPANIES MAY IMPLEMENT FLEXIBLE WORK ARRANGEMENTS*



HOW NTUC SUPPORTS YOU IN IMPLEMENTING WIN-WIN FWAS^



 Platforms for companies to discuss their experiences
with FWAs and chart the way forward



Grants, advice, and support for companies at each step of their FWA implementation journey



Support in redesigning jobs and developing systems / processes that enable flexibility

^To find out more, contact us at sme@ntuc.org.sg or womenandfamily@ntuc.org.sg



To view the full Briefing Paper, visit www.ntuc.org.sg/Research-FlexibleWorkArrangements

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