

CERTIFICATE IN NUTRITION AND WELLNESS

This certificate is awarded to

NORIZAH BTE SAIDI

For having successfully completed the certification
programme which comprises the following modules

- (i) Certificate in Nutrition and Wellness: Personal Grooming and Wellness
- (ii) Certificate in Nutrition and Wellness: Mindfulness for Health: The Breathworks approach
- (iii) Certificate in Nutrition and Wellness: Active Aging
- (iv) Certificate in Nutrition and Wellness: Diet and Disease
- (v) Certificate in Nutrition and Wellness: Nutrition for Weight Management
- (vi) Certificate in Nutrition and Wellness: Contemporary Food

from 08 July 2021 to 28 August 2021



Jack Lim
Executive Director, SMU Academy
Singapore Management University