

## NICA LHUB GO list of courses for coaches and instructors

| <b>COMMUNICATIONS</b>   |
|---|
| 1. 4 Communication Skills Everyone Needs  |
| 2. 10 Common Communication Mistakes   |
| 3. 10 Minutes Negotiation Skills  |
| 4. A Useful Guide To Presenting Well  |
| 5. Assertive Communication Skills   |
| 6. Body Language Basics   |
| 7. Communicate with Confidence  |
| 8. Communication strategies - An introduction                                     |
| 9. How to Win Friends and Influence People in the Digital Age                     |
| 10. Influence: Win-Win-Negotiation  |
| 11. Interpersonal Skills in the Workplace   |
| 12. The 7 Cs of Communication   |
| <b>HEALTH &amp; LIFESTYLE</b>   |
| 1. 7 Days of Mindfulness for Beginners  |
| 2. 7 Tips For Managing Mental Health and Wellbeing During COVID-19                |
| 3. Healthy Aging - Improve Your Memory  |
| 4. Healthy Lifestyle  |
| 5. Mindfulness: Meditation Explained  |
| 6. Mindfulness: The Importance of Breathing                                       |
| 7. Sharper Brain, Smarter You   |
| 8. Stress, Anxiousness and Anxiety  |
| 9. Understanding how the Body Uses Nutrients as Fuel for Energy                   |
| 10. Wellness Supplements & Devices (The Art of Less Doing)                        |
| 11. What is Mindfulness?  |
| <b>PERSONAL DEVELOPMENT</b>   |
| 1. 10 Minute Critical Thinking  |
| 2. Critical Thinking Bundle   |
| 3. Demo: Three Kinds Of Creativity (Design Thinking for Business Innovation)      |
| 4. Developing your leadership style   |
| 5. Emotional intelligence: Relationship management                                |
| 6. Emotional intelligence: Self-management  |
| 7. Essentials - Personal Development - Time Management                            |
| 8. Igniting Creativity  |
| 9. Persistence and Resilience: Skills that can get you through the toughest times |
| 10. The 7 Habits of Highly Effective People                                       |
| 11. The power of self-reflection  |
| 12. Top Soft Skills You Need in the Workplace                                     |
| <b>BUSINESS</b>   |
| 1. Advancing Business   |
| 2. Business Writing Made Easy   |
| 3. Create Your Ultimate Business Plan   |
| 4. Cyber Security Awareness: A Few Words About Passwords                          |
| 5. Cyber Security Awareness: Avoiding Human Mistakes                              |
| 6. Cyber Security Awareness: Configuring Your Devices                             |
| 7. Cyber Security Awareness: How to Browse Safely                                 |
| 8. Cyber Security Awareness: Understand Your Attacker                             |
| 9. Cyber Security Awareness: You Are the First Line of Defense                    |

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| <b>BUSINESS</b>  |
| 10. Entrepreneurial Skills   |
| 11. Grow Your Business & Maximise Your Profits   |
| 12. How To Finance Your Business (How to Make a Living Selling What You Make)                                  |
| 13. Personal Data Protection Act (Singapore)   |
| 14. Risk Analysis and Risk Management  |
| <b>DIGITAL TRANSFORMATION</b>  |
| 1. Build an eCommerce Site with Angular 5  |
| 2. Design Thinking   |
| 3. Digital Marketing Series: Affiliate Marketing   |
| 4. Digital Marketing Series: Building Sales and Marketing Funnels  |
| 5. Digital Marketing Series: Content Marketing   |
| 6. Digital Marketing Series: Pinterest Marketing   |
| 7. Digital Marketing Series: Social Media Marketing  |
| 8. Driving Traffic to Your Online Business   |
| 9. eCommerce Dropshipping  |
| 10. Email Marketing  |
| 11. How to Build and Market Products That Change People's Lives  |
| 12. How We Accept Payment (Ecommerce and Accepting Payments on WordPress)                                      |
| 13. Introduction to User Experience and User Interface Design: Process and Tools                               |
| 14. Marketing Essentials   |
| 15. Starting With PayPal (Ecommerce and Accepting Payments on WordPress)                                       |
| 16. The 8 Core Disciplines of Digital Marketing (Launch a Profitable Digital Marketing Plan for Your Business) |
| 17. The User Experience w/ Arianna Orland (Create a Knockout Graphic Design Portfolio)                         |
| 18. Understanding Different Payment Methods (Ecommerce and Accepting Payments on WordPress)                    |
| 19. UX Design Foundations: Navigation, Layout, and content   |
| 20. UX Design Fundamentals   |
| <b>UNDERSTANDING DIFFERENT MARKET SEGMENTS</b>   |
| 1. Care Act - Transition to Adulthood  |
| 2. Difficult People: Why They Act That Way and How to Deal with Them interactive resource                      |
| 3. Enabling autistic learners to reach their potential   |
| 4. How to Rewrite the Rules of Midlife   |
| 5. What Works for Pupils with Special Educational Needs? A Strategy Bank of Quality First Teaching Approaches  |