

MODEL WORKER

Foo Meow Ling

Senior Nurse Clinician, Infection Control
Khoo Teck Puat Hospital & Yishun Health

Nominated by the Healthcare Services Employees' Union

Foo Meow Ling, a senior nurse clinician, is the team leader of the Infection Control Team at Yishun Health (YH). She joined the YH branch committee in 2014 and was appointed as branch secretary in 2018. In June 2021, she was appointed as the branch chairperson. She is also a member of the Healthcare Services Employees' Union (HSEU) executive council.

Sister Meow Ling is integral in building and maintaining good labour-management relations between HSEU and YH. She actively walks the ground, always looking out for the staff's welfare and developmental needs. As a Subject-Matter-Expert (SME) on Infection Control, Sister Meow Ling often conducts seminars and workshops to share her knowledge and experience on infection control to benefit the larger community. She also represents HSEU and NTUC on workplace safety and health (WSH), COVID-19 vaccination and prevention talks.

During the COVID-19 pandemic, she implemented infection control measures to keep patients, visitors and staff safe. When the pandemic first hit, she acted quickly to enforce measures. She also directed the development and training infection control personnel in all clinical and non-clinical departments to grow infection control competencies among the nursing personnel. Equipped with this knowledge, these nursing staff became more vigilant and were better equipped to care for patients. The additional knowledge on infection control also heightened their confidence and professionalism. To help with the airline industry during the pandemic, Sister Meow Ling also extended the training to airline personnel from Singapore Airlines and Jetstar on infection control standards. The training ensured they were confident and competent to perform their roles as Care Ambassadors in Khoo Teck Puat Hospital (KTPH).

With the foresight that swabbers were in need to support the hospital running the Accident & Emergency, Visitor Swab Centre and Rostered Routine Testing, she taught various staff on the role of swabbers. Her training helped to serve the hospital better, especially when there was a surge or outbreak.

She also co-led the YH COVID-19 Contact Tracing team. Protecting the general community welfare and safety had always been the heart of Sister Meow Ling's work. She leveraged the teleconference platform to conduct infection control training for eight partnering nursing homes in 2005 and continued to expand its reach over the years.

During the COVID-19 pandemic in 2020, Sister Meow Ling and her colleagues collaborated with the Ministry of Social and Family Development to hold training sessions for more agencies, dormitory supervisors and unions.

She continued contributing to the community by auditing NGOs on their COVID-19 measures. She also built into the audit process a learning component on Infection Control measures to upskill the employees of these agencies. She contributed to the collective effort of keeping the community safe by sharing her knowledge. Sister Meow Ling is well respected by many in the healthcare fraternity, NGOs, and other agencies involved in serving the community. She is recognised for her generosity in sharing knowledge, strong leadership and guidance. Her colleagues, peers and juniors looked up to her as an exemplary role model.